

## MAGGYS CATERING COMPANY 2015 LTD

[www.maggyscatering.co.nz](http://www.maggyscatering.co.nz)

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### SALAD LIST

#### VEGE SALADS - \$6.00 per person

- Spinach salad w mushrooms, roasted red peppers and aioli
- Spicy potato and chorizo salad with Cajun mayo
- Roasted kumara, bacon & orange
- Beetroot salad with yoghurt and oregano dressing
- Greek salad w red onion, feta, olives & sweet peppers
- Marinated mushrooms with toasted sesame, baby spinach & roasted peppers
- Couscous with parsley and lemon
- Italian style penne pasta with slow roasted tomatoes, sweet peppers, fresh herbs, feta
- Antipasta style orzo salad with feta, cherry tomatoes, Italian parsley, capers
- Eggplant and Roast capsicum salad with cherry tomatoes and herb vinaigrette
- Rainbow rice salad
- Quinoa salad with pistachio and honeyed carrot

#### GLUTEN FREE SALADS - \$7.50 per person

- Roasted vegetable salad with balsamic dressing & fresh basil
- Mixed baby greens w strawberry vinaigrette or honey mustard dressing
- Fresh green beans, cannellini beans, puy lentils, hazelnut dressing & cherry tomatoes
- Moroccan style quinoa, chickpea and roasted carrot with baby spinach and lemon cumin dressing
- Vietnamese Fresh Vege Salad with Coriander & Mint Dressing
- Roasted Pumpkin, Chickpea & Coriander with Sundried Tomato Dressing
- Vine Ripened Tomato, Avocado, Feta, Basil & Red Onion Salad
- Strawberry, Melon & Cucumber Salad with Chilli Citrus Dressing - Seasonal
- Rice salad with sweet peppers, red onion, currants, poppy seeds, coriander and sweet and sour curry dressing

- **Fresh Asparagus** Vinaigrette with shaved Parmesan – seasonal
- **Vermicelli** with cucumber, sprouts, spring onion, fresh chilli, coriander, mint and Vietnamese dressing
- **Nicoise salad** with baby potatoes, cos lettuce, fresh beans, cherry tomatoes and aioli

#### SALADS FOR CARNIVORES – \$8.50 per person

- **Thai style beef** with baby spinach, cucumber, sprouts, mint, coriander and sweet chilli dressing
- **Marinated beef salad** with avocado, vine tomatoes, red onion
- **Prawn**, avocado, iceberg lettuce, thousand island dressing
- **Asian style noodle salad** – with bok choy and shredded peas – either prawn or chicken
- **Caesar salad** with cos lettuce, crispy bacon, soft boiled eggs, Caesar dressing

All prices GST exclusive